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MY LIFE WITH VISION LOSS: IMAGINING THE POSSIBILITIES

Join Mia Boccella, a Life Coach who is legally blind and Christine McInnes, an accessible yoga instructor at Blue Awning Yoga & Wellness, for a four session program incorporating guided inquiry, collaborative conversation, yoga, meditation and more. Share your stories and re-imagine moving forward with confidence, connection and independence.

OPEN TO

1. Adults at any point on their vision loss journey
2. Family and community members living or working with those who are blind or visually impaired
3. Healthcare providers caring for patients and clients

DATES

Four 2-hour sessions:
10/21, 10/28, 11/04, 11/11
2:00pm - 4:00pm

LOCATION

Blue Awning Yoga and Wellness,
1816 Locust Street,
Pittsburgh, PA 15219

COST

\$250 for four 2-hour sessions
For pre-registration and questions,
call Mia Boccella, 412-657-9948

Partial and full scholarships available
Contact Lisa Gamrat, lgamrat@pghvis.org



For more information: www.boccellaproductions.com/events