

Study Overview

The Center for Family Planning Research of the University of Pittsburgh is conducting a research study to better understand the effects of birth control on the immune system.

Women in the study will be asked to complete 3-4 visits at Magee-Womens Hospital over 6 months.

Participants will be compensated up to \$470 for their time and travel.

Call 412-641-5496 today to see if you qualify for the CHIC-II study!

All calls are confidential



Scan code with your phone to go to our website!



The Center for Family Planning Research has conducted clinical trials for contraception development and HIV prevention for last 20 years!

To learn more about our research, visit our website at

www.birthcontrolstudies.org

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CHIC II

**Contraceptive
Hormonal
Induced
Changes**

A research study for women to better understand the effects of birth control on the immune system.

Study Details

This study is being done to understand if using birth control causes changes in the immune cells within the reproductive tract (including the cervix and the lining of the uterus) of healthy women 18-34 years old.

Immune cells are important because they help prevent and fight infections. Immune cells are also the type of cells that HIV infects, so understanding more about them will help to better understand how to prevent the spread of HIV.

For this study we are looking for healthy women who are not currently using hormones for birth control, and would like to start birth control.

We also need women who do not want or need to use birth control and are not at risk of pregnancy for a control group. This group will complete the same study procedures as women in the birth control groups.

Study Procedures

Women who screen for the study will undergo:

- An informed consent process
- Interview about medical history
- Physical & pelvic exam
- Testing for HIV, pregnancy & other infections

Women who enroll in the study will undergo:

- Blood draw
- Pelvic exam with sample collection:
 - ◇ Vaginal swabs
 - ◇ Vaginal sponge
 - ◇ Cervical brush (similar to pap screening)
 - ◇ Small samples from cervix & lining of the uterus
- Follow-up visits at 3 and 6 months after enrollment
- Start of desired birth control



Enrolled women will be able to choose from the following birth control methods to use for the duration of the study.

Birth Control Study Groups:

- Birth control pills
- Depo Provera ®
- Mirena IUD
- ParaGard IUD
- Nexplanon (implant)
- Control Group– no birth control

Participants will be compensated up to \$470 upon completing all study procedures and birth control is provided at no cost to the participant or her insurance.

Call [412-641-5496](tel:412-641-5496) to find out more information about the CHIC-II study!