

Fear~Worry~Stress

How to Get Rid of Them...for Good!

This free seminar will give you all the information you need:

- ~ to train your brain to automatically activate a calming ability you already have, any time, anywhere
- ~ to learn how to eliminate unnecessary worry, stress, and fear (they're all unnecessary and dangerous anyway!)

Union Project Atrium (Use cafe entrance)

801 N. Negley
Pittsburgh, Pa.
July 26, 2006
7:00 to 8:30pm

Stephen G. Scalese is a licensed therapist and author of *The Whisper in Your Heart: Following Your Soul's Voice*, a how-to book for finding and using more advanced abilities of the mind. For more information about Stephen, go to his Psychology Today web page at <http://therapist.psychologytoday.com/37971>

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